



QUEENS PARK ARENA



NWMHA Covid Guidelines for Games

A. Safety First

1. YOU MAY **NOT** PARTICIPATE OR ENTER THE ARENA

- When you have recently travelled outside of the country within the last 14 days of arrival **and** have not cleared the required 14 days of self-quarantine;
- When you have experienced any COVID-19 or flu-like symptom(s) within the last 24 hours;
or
- When you have been in close contact with someone who has Covid19 or is suspected to have Covid19, within the last 14 days without the required medical PPE.
- When you have not completed the COVID-19 Screening Questionnaire

2. ARENA ENTRY LIMITS are restricted to the following:

- Up to 3 Referees (game officials)
- Up to a maximum 1 Time Keeper & 1 Scorekeeper (game officials)
- Up to a maximum 22 Rostered, scheduled and pre screened people per team
 - Must have a min of 1 certified coach and 1 certified HC Safety Person at each sanctioned game.
- 1 NWMHA Executive from the COVID 19 Team Task Force.

B. Before Arriving at the Arena

1. Screen your child for COVID-19 symptoms **before leaving for the Arena.**

2. Complete NWMHA Daily COVID-19 Screening Protocol

- Must be completed before entry into the Arena by EACH Player, and **all** scheduled game officials (Coaches, Team Manager, safety people and referees)
- The link to complete the NWMHA Daily Covid screening will be sent to visiting teams by the home teams HC Safety Person or designate.
- Referees will be able to scan a QR Code upon arrival before entering the arena.
- Entrance into the Arena and participation in the game will be denied if the Covid Questionnaire has not been completed and submitted.

3. Players must:

- Players are to be fully dressed upon entry into the Arena. Skates are suggested (with skate guards). Parents will **not** be allowed to enter the Arena to tie skates.
- Bring their own pre filled water bottle and clearly label with their name; and
- Adhere to appropriate hygiene and hand washing protocols prior to playing and going on the ice.

C. Upon Arrival at the Arena – Please arrive no more

than 15 minutes before your ice time. Do not congregate outside the Arenas. If you are early please wait in your car.

1. Everyone entering the arena should wear a mask. Players may remove their mask at the time that they put their helmet on.
2. Players will be able to enter the Arena 10 minutes prior to their ice time and must:
 - a. Be fully dressed except skates for players U15 and below;
 - b. Be as dressed as possible for GOALIES and U18 and above (they only have 10 minutes to get geared up);
 - c. Hockey Bags are allowed for Players if needed (DO NOT BRING ANY VALUABLES INTO THE ARENA) and Goalies may bring their equipment bag in;
 - d. If skates are worn into the Arena, skate guards must be worn;
 - e. When you are waiting outside the Arena two (2) metre physical distancing must be maintained.
3. The referees will be checked in first followed by the visiting team and then the home team.
 - a. The home team manager will check in the referees and the visiting team b. the home team HCSP will check in the home team and the Timekeeper and Scorekeeper
4. Enter the Arena through the front doors:
 - a. Sanitize (or wash) your hands upon entry; and
 - b. Look for directional signage telling you where to go:
 - i. The referees will proceed to the designated referee room
 - ii. The visiting team will proceed to the 2 dressing rooms on the designated side – there is a maximum of 9 people in a dressing room. If your team has 19 players, then an additional chair will be available in the dressing room hallway for that player. Coaches should remain within earshot of full dressing rooms. When ready to take the ice the visiting team should wait in the dressing room hallway – socially distanced – until they are signalled by a referee to take the ice.
 - iii. The home team will dress beside the ice surface at the north end of the rink

(past the players benches - East side, past the scorekeeping box - West side) in the designated seats and spaces marked. They will also wait socially distanced until signalled by the referee to take the ice.

- c. Referees will be the first to take the ice, followed by the visiting team, then the home team. They will all enter through the gate at the side of the ice before proceeding to the players benches.
- d. Time and Scorekeepers will proceed directly to their spots on the Home side of the arena. Both officials must wear masks and have sanitizer with them. The timekeeper will sit in the box and a chair will be available for the scorekeeper socially distanced from the box. The scorekeeper may approach the glass whenever is needed only for the purpose of communicating with the referees.
- e. Team managers and HCSP (if not on the bench) will sit in the designated areas on the marked spaces socially distanced from each other on the designated side of use.

5. Parents will not be allowed to enter the Arena or Arena lobby.

- a. Please ensure your child has their skates on with their skate guards, or you have arranged with one of your team officials to have them help with your child's skates.
- b. If your child is a goalie please make sure you have arranged for a team official to assist with any additional gear.

6. There is absolutely no off-ice warm up, running, stretching, in or around the Arena.

D. On the ice/during the ice time

1. Only rostered Players, coaches, HCSP, team managers, Timekeeper, Scorekeeper and Referees should be in attendance for the duration of the ice time; Everyone must stay on the designated side of the arena for the duration of the ice time with the exception of the Time and Scorekeeper and the Referees;
2. The Time keeper or Scorekeeper may put on music using their own personal device if they wish for games only.
3. Two (2) metre physical distancing must be followed at all times as per Fraser Health Authority, excluding the players on the field of play; or a mask must be worn.
4. No spitting or spitting water on the player's bench or ice surface. If this happens you will be asked to leave the ice surface and Arena; 5. There will be no handshake at the end of the game. Players may line

up with their team on their own blue line and raise their sticks to everyone instead.

6. The visiting team and coaches will leave the ice first via the same gate that was used to enter the ice and head straight to the dressing room. The home team and coaches will leave via the same gate and proceed to their seating area, finally the referees will leave the ice and proceed to their dressing room.

E. Leaving the Arena

1. Players must leave within 10 minutes of their ice time ending;
2. Exit via the side doors near the dressing rooms maintaining physical distancing at all times after leaving the ice surface.
3. Gathering in the parking lots outside of the Arenas is prohibited.

F. Cleaning Protocols

1. All high frequency touchpoints will be cleaned every 2 hours by Arena staff.
2. Dressing rooms, seating areas, players benches, penalty boxes and the scorekeeping box will be cleaned after every game.

We are all doing our best to ensure a safe return to hockey for players, parents, volunteers, and arena employees. Thank you for your cooperation

